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Geriatric Orthopaedic Fracture Conference 2010

December 2 – 3, 2010

**Saint Paul Hotel
350 Market Street
St. Paul, MN 55102**

PRESENTED BY:

- **University of Minnesota Department of Orthopaedic Surgery**
- **Regions Hospital Department of Orthopaedic Medicine and Surgery**

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Geriatric Orthopaedic Fracture Conference 2010

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Preliminary Agenda

Curriculum and faculty are subject to change.

THURSDAY, DECEMBER 2, 2010 - 5:00-7:30 p.m.

- 5:00-5:30 p.m. **Keynote Address:**
Five most important issues in geriatric fracture care *Mohit Bhandari, MD, MSc, FRCSC*
- 5:30-6:00 JHACO, PQRI, SCIP, etc. - Alphabet soup, quality, and geriatric fracture care *Julie Switzer, MD*
- 6:00-6:30 The evolution of fracture care during my career *Sigvard Ted Hansen, Jr., MD*
- 6:30-7:30 **Ankle and foot fractures in the elderly** *Moderated by Peter Cole, MD*
Chris Coetzee, MD, Fernando Peña, MD, Sarah Anderson, MD, Sigvard Ted Hansen, Jr., MD
- Tips and Tricks: Fracture fixation in osteoporotic bone
 - Primary fusion for fractures - under what circumstances?
 - Am I crazy to consider primary amputation in an open ankle fracture in the elderly
- Cases
- 7:30 p.m. Reception

FRIDAY, DECEMBER 3, 2010 - 7:00 a.m.-5:00 p.m.

- 7:00-7:30 a.m. Breakfast
- 7:30-8:30 **Post traumatic foot and ankle reconstruction** *Moderated by Chris Coetzee, MD*
Sigvard Ted Hansen, Jr., MD, Troy Boffeli, DPM, Sarah Anderson, MD
- Total ankle replacement - indications and outcomes
 - Diabetes and neuropathy - should it change my approach?
 - Fixation or fusion for best results
- 8:30-9:30 Small group case studies: fractures in the elderly
- 9:30-9:50 Break
- 9:50-10:50 **Biomechanics pearls for osteoporotic bone** *Moderated by Mohit Bhandari, MD*
- Locking plates: Shouldn't everyone get one? - *Andrew Schmidt, MD*
 - Screws 101 - *Clifford Jones, MD*
 - Bone enhancers / stimulators - *Mohit Bhandari, MD*
 - Isn't there a drug to help us make bone heal? - *Julie Switzer, MD*
- 10:50-11:20 **Breakouts**
1. Osteoporosis Treatment: Art and science *Jeanne Dutkowski, RN, MS, C-ANP*
 2. DVT prophylaxis in the geriatric fracture patient - why not aspirin? *Gregory Brown, MD, PhD*
- 11:20-12:00 **Breakouts, cont.**
1. Fall prevention 101 - Can we help prevent the next fracture? *Sarah Anderson, MD*
 2. Getting your patient safely to the OR: do I need more than a hemoglobin, H&P, and a consent? *Matthew Layman, MD, Ranjit Kesha, MD*
- 12:00-12:45 p.m. Lunch
- 12:45-1:30 **Ankle fracture challenge: Hands-on saw bones fracture reduction and fixation**
- 1:30-3:00 **Degenerative foot and ankle issues in older patients** *Moderated by Sigvard Ted Hansen, Jr., MD*
Chris Coetzee, MD, Troy Boffeli, DPM, Fernando Peña, MD
- Collapsed (grade 3-4) posterior tibialis failure
 - New approaches to valgus feet in the elderly
 - The first ray arthritis and deformity - principles for some vexing problems
- 3:00-3:20 Break
- 3:20-4:00 **Breakouts**
1. Orthotics for foot and ankle problems - if the shoe fits, wear it. But what if the shoe doesn't fit? *Thomas Lange, MD, Troy Boffeli, DPM*
Robert Tillges, CPO, FAAOP, Michelle Hall, CPO, FAAOP
 2. Physical therapy assessment, treatment, and clinical pearls for geriatric foot and ankle injuries *Lisa Zeman, PT*
Mike Lauer, PT, Dawn Altstatt, PT
 3. New technologies and implants for the geriatric fracture patient *Peter Cole, MD*
- 4:00-4:30 Economics of osteoporosis evaluation and treatment for the orthopaedic surgeon - the value of "owning the bone" *Clifford Jones, MD*
- 4:30-5:00 Closing

Geriatric Orthopaedic Fracture Conference 2010 Faculty



Dawn Altstatt, DPT, Adjunct Faculty, Program in Physical Therapy, University of Minnesota; Regions Hand and Physical Therapy Clinic, HealthPartners Specialty Center, St. Paul

Sarah Anderson, MD, Assistant Professor of Orthopaedic Surgery, University of Minnesota Medical School; Regions Hospital, St. Paul

Mohit Bhandari, MD, PhD, FRCSC, Associate Professor of Orthopedic Surgery, McMaster University; Hamilton Health Sciences; Hamilton, Ontario, Canada

Troy Boffeli, DPM, Department Head, Foot & Ankle Surgery/Podiatry, HealthPartners Medical Group, HealthPartners Specialty Center, St. Paul

Gregory Brown, MD, PhD, Department of Orthopaedic Surgery, Park Nicollet Clinic - Meadowbrook, St. Louis Park

J. Chris Coetzee, MD, MbChB, Orthopedic Foot and Ankle Surgeon, Minnesota Orthopedic Sports Medicine Institute, a Division of Twin Cities Orthopedics, Minneapolis

Peter Cole, MD, Professor of Orthopaedic Surgery, University of Minnesota Medical School; Chief of Orthopaedic Surgery, Regions Hospital, St. Paul

Jeanne Dutkowski, RN, MS, C-ANP, Department of Orthopaedic Surgery, Orthopaedic Osteoporosis and Bone Health Clinic, Regions Hospital, St. Paul

Michelle J. Hall, CPO, FAAOP, Assisted Technology Department, Gillette Lifetime Specialty Center, St. Paul

Sigvard Ted Hansen, Jr., MD, Professor and Director, Sigvard T. Hansen, Jr., MD Foot and Ankle Institute, University of Washington, Seattle

Clifford B. Jones, MD, Clinical Professor, Michigan State University/CHM, Orthopaedic Associates of Michigan, Grand Rapids, Michigan

Ranjit N. Kesha, MD, Internist, Department of Hospital Medicine, Regions Hospital, St. Paul

Thomas A. Lange, MD, Orthopaedic Surgeon, Department of Orthopaedic Surgery, Regions Hospital, St. Paul

Michael Lauer, PT, Regions Physical Therapy, HealthPartners Specialty Center, St. Paul

Matthew Layman, MD, Assistant Professor, Department of Anesthesia, University of Minnesota; Medical Director of Perioperative Services Surgery Center, Regions Hospital, St. Paul

Fernando Peña, MD, Assistant Professor of Orthopaedic Surgery, Foot and Ankle Division, University of Minnesota Medical School

Andrew Schmidt, MD, Professor, Department of Orthopedic Surgery, University of Minnesota; Department of Orthopaedics, Hennepin County Medical Center

Julie Switzer, MD, Assistant Professor of Orthopaedic Surgery, University of Minnesota Medical School; Director of Geriatric Orthopaedic Trauma, Regions Hospital, St. Paul

Robert Tillges, CPO, FAAOP, Owner and President, Tillges Certified Orthotic Prosthetic Inc., Maplewood

Lisa Zeman, MPT, Regions Hand and Physical Therapy, HealthPartners Specialty Center, St. Paul

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