

University of Minnesota
CONTINUING MEDICAL EDUCATION



Geriatric Orthopaedic Trauma Summit

October 9-11, 2008
St. Paul RiverCentre • St. Paul, Minnesota



UNIVERSITY OF MINNESOTA

Medical School



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Thursday, October 9, 2008

- 4:30pm** REFRESHMENTS AND EXHIBITS
- 5:00** WELCOME AND INTRODUCTIONS
- 5:15** Distal radius fractures: Challenges in the frisky and frail
Moderator: Julie Switzer, MD
Panel: Kenneth Koval, MD; Matthew Putnam, MD; Loree Kalliainen, MD;
James Fletcher, MD; Thomas Varecka, MD
- 6:45** The five most important concepts in upper extremity
rehabilitation following fracture
Virginia O'Brien, OTR/L, CHT
- 7:05** How do we know that we're doing well enough? Assessing
competency in distal radius fracture care
Matthew Putnam, MD
- 7:30** QUESTIONS & ANSWERS
- 7:45** WELCOME RECEPTION

Friday, October 10, 2008

- 7:00am** CONTINENTAL BREAKFAST
- 7:30** WELCOME AND INTRODUCTION
- 7:45** Orthopaedic challenges in the elderly
Kenneth Koval, MD
- 8:45** REFRESHMENTS & EXHIBITS
- 9:00** Concurrent Breakout Sessions
(See Registration Form: rank choices 1, 2, 3, 4)

Orthopaedic Focus

Breakout 1: Hitting the controversies - the geriatric hip fracture

Crossfire panel discussion: Femoral neck fractures: Which one should
still be fixed and when do you use what?

(Moderator: Peter Cole, MD)

- Cannulated screws - Julie Switzer, MD
- Dynamic hip screw and sideplate devices - Thuan Ly, MD

Crossfire panel discussion: Arthroplasty for femoral neck fractures
(Moderator: Kenneth Kleist, MD)

- Total hip - Scott Marston, MD
- Hemiarthroplasty - Kenneth Kleist, MD
- To cement or not to cement - Julie Switzer, MD

Stable intertrochanteric fractures: Dynamic hip screw – is there a
role for anything else? - Thuan Ly, MD

Crossfire panel discussion: Three and four part intertrochanteric
fractures (Moderator: Kenneth Koval, MD)

- Cephalomedullary nail - Michael Torchia, MD
- Locked plating - Peter Cole, MD

Bone void fillers – is there a role in hip fractures?
Andrew Sems, MD

Winning the race: One illustrated favorite trick for a hip fracture
in 3 minutes or less (Julie Switzer, MD; Michael Torchia, MD;
Andrew Sems, MD; Thuan Ly, MD; Kenneth Koval, MD)

An overview of hip fractures in the elderly: What's new?
Kenneth Koval, MD

Primary Care Focus

Breakout 2: Primary care and the geriatric trauma patient

- Vitamin D: Important as water? – Lee Rock, MD
- FRAX: Who do I treat for osteoporosis and how? - John Schousboe, MD
- Men and osteoporosis: An overlooked opportunity for care
- Puneet Arora, MD

RYAGENDA

- Ready-set-go: Perioperative care - *Matthew Layman, MD and James Risser, MD*
- Total joints 101 - *Scott Marston, MD and Kenneth Kleist, MD*
- Right time, right place: Palliative care - *Howard Epstein, MD*

Rehabilitation Focus

Breakout 3: Upper extremity emphasis in hand therapy

- Therapeutic interventions for elbow fractures and dislocations – *Lynn Wilbur, OTR/L, CHT, CLT and Jenny Young, MS, OTR/L*
- Rehabilitation for the upper extremity nerve injuries – *Judi McElfresh, MS, OTR/L*
- What to do when simple fractures turn complicated – *Bonnie Walbruch, OTR/L, CHT*

Breakout 4: Physical Therapy emphasis on geriatric musculoskeletal problems

- Decoding the geriatric shoulder: Differential assessment and treatment implications – *Dawn Arens, DPT*
- Ankle fracture rehabilitation: Where balance makes a difference – *Michael Lauer, PT*
- Osteoarthritis: A comprehensive approach to reduce trauma and improve function - *Lisa Overby, MPT, CLT*

12:00pm LUNCH

1:00 Changing our aims and expectations in healthcare
Mary Brainerd

2:00 LARGE GROUP DISCUSSION OF MORNING BREAKOUT SESSIONS

2:45 REFRESHMENTS & EXHIBITS

3:15 Foot Focus

- Overview of foot problems in the elderly: From trauma to degeneration – *Sarah Anderson, MD*
- The stiff, swollen big toe in older folks: Hallux rigidus simplified – *Troy J. Boffeli, DPM*
- Highlight on a challenging problem: Charcot foot – *Ryan Pfannenstien, DPM*
- Ankle fractures in the elderly – *Julie Switzer, MD*

5:00 Minimally invasive osteosynthesis in the elderly
- *Peter Cole, MD*

5:30 – 8:30pm Distal radius fracture challenge & reception

Saturday, October 11, 2008 - Public Welcome

7:30am CONTINENTAL BREAKFAST

8:00 Geographic differences in practice among orthopaedists
Kenneth Koval, MD

8:20 Managing the medical arms race: Innovation and public policy in the medical device industry
Susan Foote, JD, MA

8:50 QUESTIONS & ANSWERS with *Dr. Foote*

9:10 REFRESHMENTS & EXHIBITS

9:30 Is healthcare reform possible?
Hon. Senator David Durenberger

10:00 QUESTIONS & ANSWERS with *Senator Durenberger*

10:20 Spine Module

- The aging spine: Down a descending road – *David Polly, MD*
- Standing tall: Looking beyond the spine in geriatric kyphosis – *Lisa Overby, MPT, CLT*
- How you look, how you feel: The aging frame – *Karen Ryan, MD*
- To pee or not to pee: Spinal cord mediated bladder dysfunction in the elderly – *Robert Morgan, MD*

11:30am ADJOURN

Curriculum and faculty are subject to change.

FACULTY

Sarah Anderson, MD, Assistant Professor of Orthopaedic Surgery, University of Minnesota Medical School

Dawn Arens, DPT, Hand and Physical Therapy Clinic, HealthPartners Specialty Center

Puneet Arora, MD, Assistant Professor of Medicine, University of Minnesota Medical School; Department of Endocrinology, Regions Hospital

Troy J. Boffeli, DPM, Foot & Ankle Surgery/Podiatry, Regions Hospital

Mary Brainerd, President and CEO, HealthPartners

***Peter A. Cole, MD**, Professor of Orthopaedic Surgery, University of Minnesota Medical School; Chief of Orthopaedic Surgery, Regions Hospital

Hon. David Durenberger, JD, U.S. Senator (MN 1978-95); Chair, National Institute of Health Policy, University of St. Thomas

***Jeanne Dutkowski, RN, MS, C-ANP**, Geriatric Osteoporosis Care Coordinator, Department of Orthopaedic Surgery, Regions Hospital

Howard Epstein, MD, Medical Director of Commercial Operations & Clinical Design, BlueCross BlueShield of Minnesota

James Fletcher, MD, Assistant Professor of Surgery, University of Minnesota Medical School; Department of Plastic and Hand Surgery, Regions Hospital

Susan Foote, JD, MA, Professor, Division of Health Policy and Management, School of Public Health, University of Minnesota

Loree K. Kalliainen, MD, Assistant Professor, Division of Plastic Surgery, Department of Surgery, University of Minnesota Medical School; Department of Plastic & Hand Surgery, Regions Hospital

Kenneth D. Kleist, MD, Orthopaedic Surgeon, Regions Hospital

Kenneth J. Koval, MD, Director of Orthopaedic Trauma Service; Professor of Orthopaedic Surgery, Dartmouth-Hitchcock Medical Center

Michael Lauer, PT, Regions Physical Therapy, HealthPartners Specialty Center

Matthew Layman, MD, Adjunct Assistant Professor of Anesthesiology, University of Minnesota Medical School; Intensivist and Anesthesiologist, Regions Hospital

Thuan Ly, MD, Assistant Professor of Orthopaedic Surgery, University of Minnesota Medical School

Scott B. Marston, MD, Assistant Professor of Orthopaedic Surgery, University of Minnesota Medical School

Judi McElfresh, MS, OTR/L, Regions Occupational Therapy, HealthPartners Specialty Center

Robert Morgan, MD, Assistant Professor of Orthopaedic Surgery, University of Minnesota Medical School

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David Polly, Jr., MD, Professor of Orthopaedic Surgery; Chief of Spine Service, University of Minnesota Medical School

Matthew Putnam, MD, Professor of Orthopaedic Surgery; Director, Hand Surgery, University of Minnesota Medical School

James Risser, MD, Hospitalist, Regions Hospital

Lee Rock, MD, Geriatrician, HealthPartners, Geriatric Division

Karen Ryan, MD, Clinical Assistant Professor of Physical Medicine and Rehabilitation; Research Associate, Human Dimensioning Lab, College of Design, University of Minnesota

John Schousboe, MD, Director of Park Nicollet Osteoporosis Center; Consultant Rheumatologist, Park Nicollet Clinic

S. Andrew Sems, MD, Department of Orthopedic Surgery, Mayo Clinic College of Medicine

***Julie A. Switzer, MD**, Assistant Professor of Orthopaedic Surgery, University of Minnesota Medical School; Director of Geriatric Orthopaedic Trauma, Regions Hospital

Michael Torchia, MD, Assistant Professor of Orthopedic Surgery, Mayo Clinic College of Medicine

Thomas Varecka, MD, Assistant Professor of Orthopaedic Surgery, University of Minnesota Medical School; Director of Hand and Microsurgery, Department of Orthopaedic Surgery, Hennepin County Medical Center

Bonnie Walbruch, OTR/L, CHT, Regions Occupational Therapy, HealthPartners Specialty Center

Lynn Wilbur, OTR/L, CHT, CLT, Supervisor, Regions Occupational Therapy, HealthPartners Specialty Center

Jenny Young, MS, OTR/L, Regions Occupational Therapy, HealthPartners Specialty Center

* Denotes Course Planning Committee

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